

the Bulletin

WINTER 2026



MUNICIPAL BULLETIN
Town of Brome Lake

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THE BULLETIN (WINTER 2026 EDITION | VOL.11 N°2)

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Friday: 8 a.m. to noon
(until 4 p.m. for the activities)

Stay informed

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Let's stay in touch



Dear fellow citizens,

— LEE PATTERSON

It is with great pride, gratitude, and enthusiasm that I undertake my mandate as Mayor of Brome Lake. It is an honour to serve this community, and I very much appreciate the confidence you have shown in me. Before going any further, I'd like to highlight the remarkable work of my predecessor, Mr. Richard Burcombe, whose leadership, closeness to the people, and commitment to our community marked the last 12 years deeply. Under his leadership, Brome Lake experienced remarkable growth, with significant projects and a respected municipal administration. Thank you, Mr. Burcombe!

I would also like to salute my new colleagues on Council with whom I share this undertaking: to work in the best interests of all the citizens and to continue to build a sustainable, welcoming, and prosperous environment. Together, we intend to maintain an open and constructive dialogue with the population. I would also like to express my sincere thanks to all the candidates who ran. Their commitment and desire to serve the community speaks of the vitality of the democratic process in Lac-Brome and merits our full recognition.

Finally, I'd like to thank the people who exercised their right to vote in this election. The participation rate of 53.4% is high and demonstrates the extent to which the citizens of Brome Lake are proud of their Town and are involved in its democratic life. A special word of thanks for the electoral personnel whose professionalism and dedication allowed for an impeccable vote.

On another subject, we are very proud to unveil a new and essential tool for our community: an architectural guide intended for our heritage buildings. This is a concrete first step that fits into a major review of the Town's Urban Plan. You'll be able to learn more about this architectural guide by reading the text on page 8. Intended for owners, the guide offers clear directives for renovation or construction projects to preserve the unique character of Brome Lake. Our heritage architecture is a collective treasure, and this guide shows our undertaking to protect it while ensuring balanced development for future generations.

In closing, during this holiday period, I'd like to offer you, on behalf of Council and myself, my most sincere good wishes. May this time of year bring you joy, peace, and comfort with those who are dear to you.

Happy Holidays to all!

A portrait of Mayor Lee Patterson, a man with dark hair, wearing a dark suit jacket over a dark shirt. He is smiling slightly and looking towards the camera. The portrait is set against a light blue circular background that overlaps with the dark blue background of the page.

**« I very much appreciate
the confidence
you have shown in me. »**

Municipal Council Meetings

Every citizen can make a difference in their community by attending Municipal Council Meetings. It is also an opportunity to meet your elected officials.

Regular meetings of the municipal council are open to the public. They are held at Centre Lac-Brome, and all citizens are invited to attend. Two question periods are scheduled during regular meetings: the first at the beginning of the session, and the second at the end.

Agendas, minutes, and the meeting calendar are available at lacbrome.ca.



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DISTRICT 6
Foster

Questions?

Before and after the meeting:

Submit your questions and comments to the Clerk and Legal Affairs Department at the following address:

greffe@lacbrome.ca.

Only questions received before 4 p.m. on the day of the meeting will be answered the same day.

Upcoming Council Meetings

December 1st

Janvier 12th

February 2nd

7 p.m.

Centre Lac-Brome 270 Victoria Street

A healthy lake

Since the adoption of the Action Plan for a Healthy Lake in 2022, the Town of Brome Lake, in cooperation with its partners, has taken a number of steps to protect our lake, improve the quality of the water, and raise awareness amongst the population.

This plan is centered on seven major orientations which are aimed at ensuring the long-term health of the lake, while preserving its recreational and heritage uses. Certain activities are ongoing while others are planned on a short, medium or long-term basis.

A revision of the plan is projected in 2026 to update priorities and add new measures.

Detailed review of activities according to the 7 major orientations

The following is a summary of the main initiatives implemented for each of the seven strategic orientations of the plan.

1. Minimize contamination from surface water

- Continued efforts to re-naturalize shorelines
- Update of the characterization of shorelines
- Support programmes for rain gardens and the installation of eavestroughs
- Creation of a rain garden at the beach
- Establishment of a shoreline plan at the Carke Terrasse
- Conservation plan for natural environments
- Follow-up and maintenance of rainwater management projects

2. Minimize sewage overflow

- Annual inspection of private septic installations
- Modernization of pumping stations (addition of generators)
- Public information about disposal of garbage in toilets (avoid the stoppage of pumps)

[\[Read more on the next page\]](#)

3. Protect indigenous plants and combat invasive species

- Adoption of a by-law requiring the washing of watercraft
- Establishment of a free washing station in Foster and ensuring its proper use, with the presence of an attendant
- Washing of more than 2600 watercraft in 2025
- Distribution of 2659 decals to residents
- Addition of buoys and adjustment of their location
- Increased presence of the nautical patrol
- Request Transport Canada to change navigation rules
- Update statistics on navigation on Brome Lake

4. Inform, sensitize and mobilize

- Production and broadcast of a video on the health of the lake
- Publication of a best practices guide for shoreline residents and a guide on responsible nautical practices
- Information panels at water access ramps
- Information booth at the beach, offered by partner organizations

5. Control the lake level in an optimal manner

- Study on the safety of the dam completed
- Hydric modeling underway to optimize the Foster dam

6. Collect the most timely information on the health of the lake

- Updating of the bathymetric of the lake
- New sampling programme at various sites and depths of the lake
- Scientific collaboration to improve the mass balance and to better understand the impact of watercraft

7. Work in conjunction with partners

- Establishment of a committee (municipalities, MRC, OBV, Conservation Lac Brome, regional partners) to follow up on the action plan
- Collaboration with the various government departments for the inventory of species and invasive plants

Thanks to these concerted actions, Brome Lake continues to benefit from constant attention to ensure its quality, biodiversity, and continuity. Each act by citizens, each collective initiative, contributes to ensuring that our lake remains healthy today and for future generations.

Washing of watercraft

An autonomous watercraft washing station was created this year, and the distribution of decals proceeded for a second year. This chart shows some of the results of these initiatives.

- 2025 INFORMATION -

+ **2 600**
washing
of watercraft

2 659
decals
distributed to
residents

A new leadership for Action communautaire Lac-Brome

Nathalia Guerrero, newly appointed as Executive Director of Action communautaire Lac-Brome, brings her international humanitarian experience to the service of our community. Her background, deeply rooted in the values of mutual aid and solidarity, aligns naturally with the organization's mission:

Improve the quality of life of vulnerable individuals and promote collective well-being.

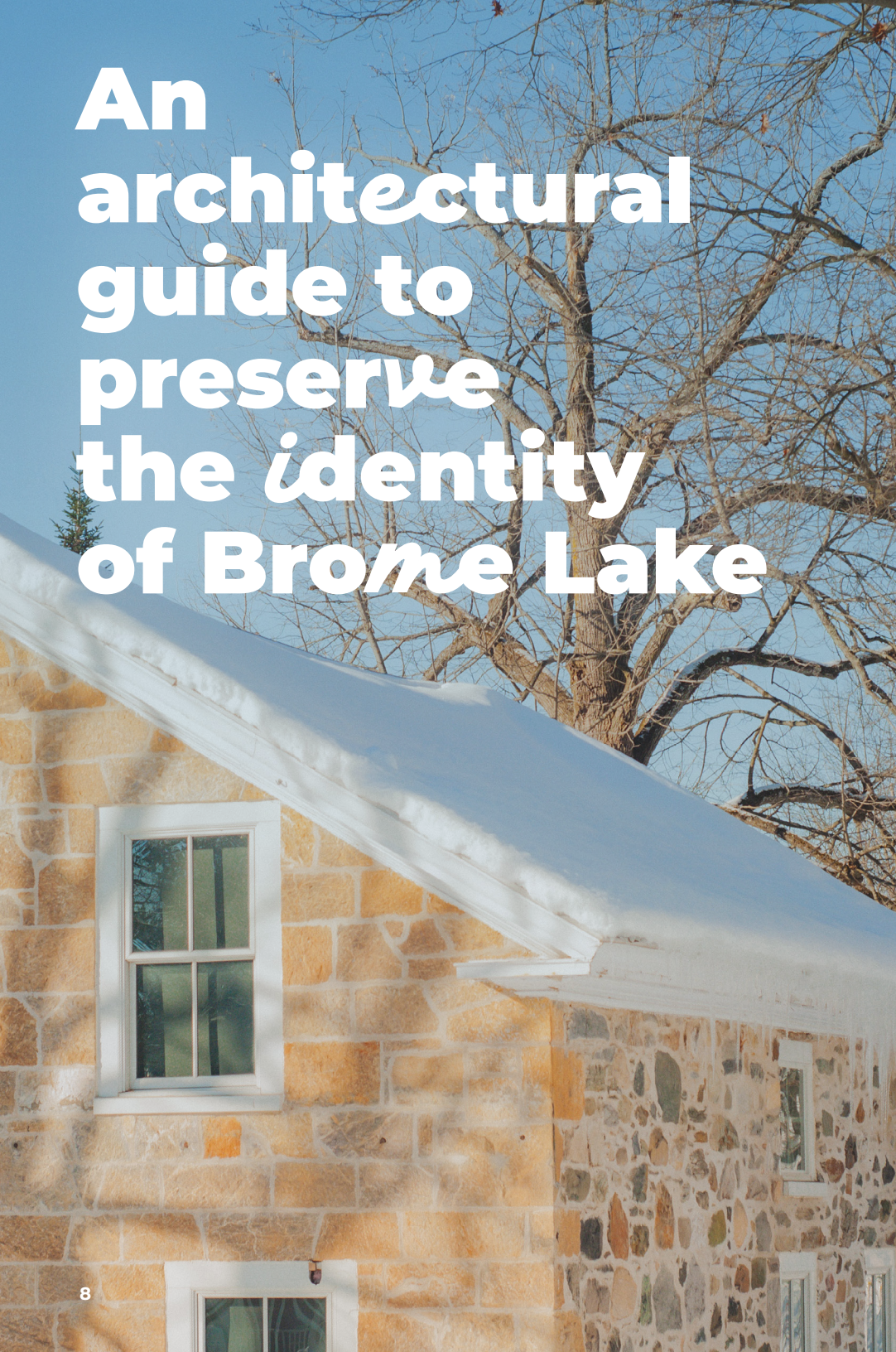
For Nathalia, community action is first and foremost about collaboration and understanding the realities on the ground. By bringing together the strengths of local organizations, the Town, schools, and citizens, it will become possible to better understand the community's real needs and respond to them more effectively.

Aware of the specific challenges of rural settings, where distance, mobility, and isolation often make access to services more difficult, she hopes to put forward local initiatives that bring services closer to residents. Her priorities will focus on strengthening support for seniors, fostering the integration of newcomers, and encouraging youth participation in community life. She also aims to promote the creation of lasting partnerships and collaborations among the various stakeholders in the region.

Under her leadership, Action communautaire Lac-Brome will continue to pursue its mission with energy and openness, bringing together the community's many strengths to build a town that is ever more caring, inclusive, and resilient.

« When we work together we are stronger. »



A photograph of a stone building with a snow-covered roof and bare trees in the background. The building is constructed from light-colored, irregularly shaped stones. A white window frame is visible on the left side. The roof is covered in a thick layer of snow. In the background, there are several bare trees with intricate branch structures against a clear blue sky.

An architectural guide to preserve the identity of Brome Lake

The Town of Brome Lake is distinctive with its rural landscape, its village-style ambiance, and the richness of its heritage buildings. Since the inventory, conducted in 2015 and updated in 2019, over 275 buildings have been classified, showing a remarkable diversity in the seven sectors of the municipality.

Faced with sustained growth and increasing pressure on development, the Town wishes to better manage the transformation of our heritage buildings. It is with this in mind that the Town has prepared an illustrated architectural guide intended to inform citizens and support decisions by the municipality on questions of heritage. The publication of this guide is one of the actions flowing from the review of the Town Plan, initiated in 2024.



This guide is based on three fundamental principles of intervention:

1. Favour reversible intervention

Modifications made to heritage buildings must preserve the essential characteristics of the building. Minor interventions such as the replacement of doors, windows, or cladding material are encouraged if they respect the volumetry and the location of the original opening.

2. Allow the evolution of the buildings

The adaptation of buildings to new uses is possible if the interventions are harmonious and minimal. The objective is to preserve significant elements while assuring the viability and the functionality of the buildings.

3. Contribute to the quality of the natural landscape and buildings

Each building is part of a broader whole. Interventions must respect the environmental context (other buildings, landscaping, public or private installations) to strengthen the cohesion and the visual richness of the area.

The guide presents the main architectural types of the area, their distinctive characteristics, as well as the type of intervention permitted. It is based on a detailed study of the heritage buildings and is mindful of the origin and purpose of the buildings, their dimensions, and the time of construction. The three main periods of development identified are:

1800-1850

The establishment of the first permanent occupants

1850-1940

The influence of American industry

1850-1900

The influence of the main historical events

On the short term, the topological characterization and exhaustive inventory of openings (for example: doors and windows) and of cladding (for example: brick) specific to each type would allow an analysis linked to heritage buildings of interest that are at the present time subject to the Architectural and Integration Implementation Plans (PIIA).

This new tool is part of a strategy intended to strengthen the protection and enhancement of heritage buildings.

In the coming months, the Town hopes to:

- Finalize the preparation of a PIIA for buildings of historic interest
- Add an annex to the zoning by-law to cover changes to openings and cladding according to building types
- Adopt a by-law on occupation and maintenance of buildings.

Our historic buildings transcend our heritage; they reflect the evolution of our society and are a tool of sustainable development. By preserving and enhancing our patrimony, we contribute to the attractiveness of the Town of Brome Lake, the vitality of its village centres, and to the quality of life of all citizens.

During the winter

Parking

Between November 15th and March 31st, parking a vehicle on a public street in the Town is prohibited between 11 p.m. and 7 a.m. the following morning.

This prohibition does not apply between December 23rd and January 3rd. This measure is intended to assist snow removal activities.



MEMO:

Positioning of bins

For ease of pickup and effective snow removal, don't forget these **three simple rules** for placing your bins :

- 1** Place them in your driveway, never on the street or sidewalk
- 2** The wheels should face your residence, to facilitate lifting
- 3** Leave a space of 45 centimeters (18 in) between each bin, otherwise they may not be picked up

Disposal of hot ashes: be careful!

Beware of hot ashes! Before emptying your fireplace, remember that ashes can remain hot for a number of days, even in winter.

Use a metal pail with a cover and keep it outside, far from the building.

This simple act could avoid a fire and thousands of dollars in damage.

Holiday period: closing of municipal offices

During the holiday period, our municipal offices will be closed from December 24th to January 2nd.

We will be back to serve you as of Monday, January 5th.

The Municipal Council and the staff offer you their best wishes for happiness, health and prosperity for the new year.

After the holidays: what to do with your Christmas tree?

It is time to dispose of your natural Christmas tree! Place it on the side of the road before the January 9th collection date.

Lay the tree on the ground, do not stand it in the snowbank, and make sure that all decorations have been removed.

Christmas trees can also be brought to the regional ecocentre anytime!

Adoption of the annual budget in an election year

DID YOU KNOW?

Each year, the municipalities of Quebec must prepare and adopt their operating budget which presents the forecast of the expenditures required for the management of municipal services.

This process includes the three-year capital program which sets out the investment projects expected in the next three years. Usually, cities and towns must adopt their budget between the 15th of November and the 31st of December.

However, because of the municipal elections which took place this Fall, the adoption of the 2026 budget may take place, on an exceptional basis, in January. This measure, provided for in the Cities and Towns Act, allows the

new Municipal Council to take part in the preparation of the budget as soon as it comes into office.

If the adoption of the budget must take place in January, tax bills would be sent out a little later than usual. The Town will, however, have to send out the bills before the later of the two following dates:

60 days | **1st march**
after the adoption of the budget | of the fiscal year

A first review of the strategic plan

In September 2024, Council adopted a strategic plan for the period 2024-2028. This was the result of close collaboration between the citizens, the stakeholders, the administration and the Municipal Council.

One year after its coming into effect, the Town would like to conduct a first review of the projects that are underway.

Let's remember that this process was developed to respond to demographic, environmental, social, and economic challenges in our community.

Structured around five major orientations, the plan is based on ideas and contributions gathered during a vast public consultation in which some 1500 people took part.

Are you interested in seeing the results?

[Consult the overview](#)

[Consult the 2024-2028 strategic plan](#)

Launching of a new Citizen Participation module

The Town of Brome Lake invites the population to take part in a first public consultation with respect to its new Citizen Participation module.

Using an interactive map, residents are invited to identify sites of interest in our area that they feel are significant. This step will contribute to the thought process about the renewal of the development plan.

Putting this new module online demonstrates the Town's wish to strengthen citizen participation and to promote an open and constructive dialogue between the population and the municipal administration – an objective set out in the 2024-2028 strategic plan.

[Participate now!](#)

Illumination of the Coldbrook Dam

There's a new glow in the Town Centre. The Coldbrook Dam, an emblematic structure of the town core, is now permanently illuminated.

Finished at the end of October, the project transforms the site into a magical décor, particularly stunning at the end of the day. This initiative enhances the ambiance of the Town

Come by and admire the result during your next visit to the Town Centre.

Our Brome Lake, we build it together.

Volunteerism is at the very heart of the vitality of a community like Brome Lake. Every day, by their generosity and their involvement, many citizens weave the links that strengthen the social fabric, support local organizations, and enrich the quality of our collective life.

Driven by the desire to bring people together, the Town has launched a new page entirely devoted to volunteerism. This new on-line space is intended to create connections between citizens who are eager to get involved and organizations that seek their assistance.

Organizations in the area can make their needs known in terms of volunteers while residents will discover a multitude of opportunities to contribute, to share their knowledge, and to lend a hand where their help will be most valued.

Whether you are running an organization or wish to offer some of your time, go to this page, fill out the form that you'll find there, and find the coordinates of the person to contact.

[Consult the page](#)



Recreation

WINTER 2026

TOWN OF BROME LAKE

Events Schedule

Diving into the holiday spirit

December

December 3

**PLAYWRITING WORKSHOP
WITH TERRY L. ALLISON**

6 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 4

**45TH PARALLEL – READING A PLAY
BY TERRY ALLISON**

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 5

BILLY TELLIER – KICKER LA RUCHE

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 6

THE ANNUAL SANTA CLAUS PARADE

1 p.m.

December 6

BACK TO THE 80'S

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

**December 7
CHRISTMAS SHOW:
LE CHIEN-SHOW DE NOËL**

10 p.m. → Centre Lac-Brome



December 7

L'INSTANT CVALETTI

*Un moment suspendu au profit
de l'enfance*

2 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 8-10

ASSEMBLY OF LANTERNS

9 a.m. to noon and 1 p.m. to 5 p.m.
→ Centre Lac-Brome • [Facebook](https://www.facebook.com)

December 10

LIONS CLUB

Deadline to collect
Christmas gift cards

4 p.m. to 7 p.m. → Centre Lac-Brome

December 11

INSTALLATION OF LANTERNS

Volunteers expected!

9 a.m. to noon → Coldbrook Park

December 11

VIN ET POTERIE

5 p.m. → Leporello • leporello.ca

December 11

CINÉ-CLUB

COZIC, co-directed by Etienne
Desrosiers and Céline B. L.,
and *Ils dansent avec leurs têtes*,
a short film by Thomas Corriveau

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 12

WELLNESS CHRISTMAS LUNCH

Noon → Centre Lac-Brome
Reservation: 450-242-2020 #301

December 12-13-14

MARCHÉ ORÉE

5 p.m. → Leporello • leporello.ca

December 13

HOLIDAY BAKE SALE

10 a.m. → Lac-Brome Museum
lacbromemuseum.ca

December 13

**IL ÉTAIT UNE FOIS:
L'HEURE DU CONTE**

5 p.m. → Children's Museum
of Lac-Brome Museum
lacbromemuseum.ca

December 13

**9TH EDITION OF THE MAGIC
LANTERN GARDEN**

Inauguration at 5 p.m.
→ Coldbrook Park
[Facebook](https://www.facebook.com)

December 13

**6TH EDITION – THE FAIRY TRAIL,
WORLD OF GNOMES AND FAIRIES**

Inauguration at 5 p.m.
→ Coldbrook Path • [Facebook](https://www.facebook.com)

December 13

MIDNIGHT MADNESS

5 p.m. to Midnight → Downtown
tourismelacbrome.com



Events Schedule

December 18

**MARIE-DENISE PELLETIER NOËL,
PARLE-MOI**

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

December 19

WINTER DANCE

5:30 p.m. → Centre Lac-Brome

December 21

**FREE MINDFULNESS
MEDITATION WORKSHOP**

With Hugues Cormier

2 p.m. to 3 p.m. → Centre Lac-Brome

December 27

FIREWORKS

6 p.m. → Coldbrook Park
Postponed to December 28
in case of bad weather



December 31

**LAST DAY FOR
THE LIONS CLUB
FUNDRAISING CAMPAIGN**

January

January 9

NEW YEAR'S DANCE

5:30 p.m. → Centre Lac-Brome

January 10

**MARION L. PHELPS
COMMEMORATIVE LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

January 14

CINE-CLUB

Satie, entre les notes,
in collaboration with *FIFA*

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

January 17

**MARION L. PHELPS
COMMEMORATIVE LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

January 22

**TIME FOR PINK FLOYD
TRIBUTE**

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

January 23

LAC-BROME FOOD BANK
for registered customers

9 a.m. to 10 a.m. → Centre Lac-Brome

January 27

**BEFORE, DURING... AND AFTER:
CONVERSATION ABOUT MENOPAUSE**

In english

6:30 p.m. → Centre Lac-Brome

January 31

**AVANT, PENDANT... ET APRÈS:
CONVERSATION SUR LA MÉNOPAUSE**

In French

1:30 p.m. → Centre Lac-Brome

January 31

**MARION L. PHELPS
COMMEMORATIVE LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

February

February 13

**WELLNESS
VALENTINE'S DAY LUNCH**

Noon → Centre Lac-Brome
Reservation: 450-242-2020 #301

February 13

VALENTINE'S DANCE

5:30 p.m. → Centre Lac-Brome

February 14

**MARION L. PHELPS
COMMEMORATIVE
LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

February 14

**ROCK & ROMANCE
ROCKMANTIC**

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

February 20

LAC-BROME FOOD BANK
for registered customers

9 a.m. to 10 a.m. → Centre Lac-Brome

February 21

**MARION L. PHELPS
COMMEMORATIVE LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

February 27

TÉREZ MONTCALM BAND
Step Out

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

February 28

**MARION L. PHELPS
COMMEMORATIVE LECTURES**

1 p.m. → Centre Lac-Brome
lacbromemuseum.ca

Want to know more?

See event details

Classes

WINTER 2026

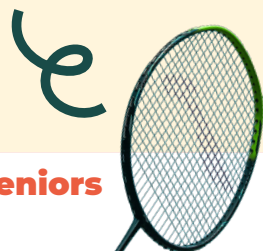
Children

| Class | Schedule | Location | Cost | Information |
|--|--|---------------------|-----------------------------|--|
| Theatre Adventure AGES 6 - 12 | <u>JANUARY 22 TO MARCH 12</u> Thursday 5 p.m. to 6 p.m. | Centre Lac-Brome | \$125 for 8 classes | Brenda Carr – Come explore theatre and your imagination through improv games. Play different characters, go on adventures, and create fantastic stories with other kids! |
| Introduction to acoustic guitar NEW! | <u>MARCH 5 TO APRIL 2</u> Thursday 6 :30 p.m. to 7:30 p.m. | Centre Lac-Brome | \$150 +txs for 5 classes | Nick Patterson – An accessible workshop to discover acoustic guitar: clear basics, practical exercises, and personalized tips to progress with motivation and confidence. |



Adults

| Class | Schedule | Location | Cost | Information |
|---|--|----------------------|--|---|
| Tai-chi Chuan | <u>JANUARY 12 TO MARCH 30</u> Monday 1:30 p.m. to 3 p.m. | Centre Lac-Brome | \$192 for 12 classes | Guy Côté – Gentle, precise movements helping to develop strength, flexibility and increase overall well-being. |
| Comedy Improv FOR ADULTS – AGES 20+ | <u>JANUARY 22 TO MARCH 12</u> Thursday 4 p.m. to 5 p.m. | Centre Lac-Brome | \$125 for 8 classes | Brenda Carr – Just for fun! No experience required. Discover improvisation in the spirit of TV shows and unleash your creativity with friends. Come create, laugh, and play! |
| Badminton | <u>JANUARY 13 TO MARCH 31</u> Tuesday 6 p.m. to 8 p.m. | St-Édouard School | \$20 for 12 classes | Open practice for all skill levels. |
| Fit for life AGES 55+ | <u>JANUARY 13 TO MARCH 31</u> Tuesday 3:30 p.m. to 4:30 p.m. <u>JANUARY 15 TO APRIL 2</u> Thursday 3:30 p.m. to 4:30 p.m. | Centre Lac-Brome | \$168 for 12 classes or \$20 / classes | Andrea Wilson – Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout. Moderate intensity. \$24 discount applicable when registering for both classes (Tuesday and Thursday). |
| Balance for Seniors AGES 65+ | <u>JANUARY 13 TO APRIL 2</u> Tuesday and Thursday 2:15 p.m. to 3:15 p.m. | Centre Lac-Brome | \$150 + txs for 24 classes / 12 weeks | Andrea Wilson – Exercices designed to prevent falls and increase your confidence. Offered in partnership with The Senior Wellness Center. |



Adults

| Class | Schedule | Location | Cost | Information |
|---|--|---------------------|---|---|
| Fitness for Seniors AGES 55+ | <u>JANUARY 13 TO APRIL 2</u> Tuesday and Thursday 1 p.m. to 2 p.m. | Centre Lac-Brome | \$150 + txs for 24 classes / 12 weeks | Andrea Wilson – Strenth and balance exercices to stay fit for life. For all levels. Offered in partnership with The Senior Wellness Center. |
| Social acupuncture | <u>JANUARY 23 TO MARCH 27</u> Friday 10 a.m. to 12 p.m. | Centre Lac-Brome | Free | Johanne McIntyre – Take a moment to relax with social acupuncture, perfect for reducing stress and supporting mental well-being. Five small needles in the ears, you choose how long to keep them. The more you attend, the greater the benefits! Please arrive before 11:30 a.m. Free, no registration required. Information Claire Citeau claire.citeau@lacbrome.ca 450-242-2020 #306 |
| Meditation NEW! | <u>JANUARY 12-19-26</u> Monday 7 p.m. to 8:30 p.m. | Centre Lac-Brome | \$45 for 3 workshops | Hugues Cormier – Wherever You Go, There You Are – Mindfulness Meditation in Everyday Life. January 12 What is Mindfulness? January 19 Simple but Not Easy January 26 Stopping, This is it! |

Classes locations

Centre Lac-Brome 270 Victoria Street

St-Édouard School 376 Knowlton Road

Family Discount

Save 5% on the total bill if two or more children register at the same time, for recreational classes.

Informations

Places are limited depending on the group.
Registration is on **a first come, first served basis.**

REGISTRATION FROM DECEMBER 8 TO JANUARY 11

Online

Full payment by credit card

[Register](#)

In person at Centre Lac-Brome

Monday to Thursday: 10 a.m. to noon and from 1 p.m. to 4:30 p.m.

Friday: 8 a.m. to noon

Full payment by credit card, cash or cheque

Contact us for more information

450 242-2020 | INFOLOISIRS@LACBROME.CA

Other activities

WINTER 2026

| Activity | Schedule | Location | Cost | Information |
|--|--|-------------------------|------|---|
| Drop-in daycare | <u>UNTIL JUNE 18</u> Thursday 8 a.m. to 12 p.m. | Centre Lac-Brome | Free | Offered by ACLB Registration: Caitlin Moynan famille-family@aclb.ca |
| Parent-Child Workshops | <u>UNTIL JUNE 17</u> Wednesday 9 :30 a.m. to 12 p.m. | Centre Lac-Brome | Free | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Line dancing FOR SENIORS | <u>JANUARY 19 TO MARCH 16</u> Monday 10 a.m. | Centre Lac-Brome | \$20 | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Strength training & stability FOR SENIORS | <u>JANUARY 19 TO MARCH 16</u> Monday 10 a.m. | Centre Lac-Brome | \$20 | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Knitting and crocheting FOR ALL AGES | <u>JANUARY 20 TO JUNE 9</u> Tuesday 6 p.m. | Centre Lac-Brome | \$20 | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Chair Yoga AGES 50+ | <u>JANUARY 22 TO MARCH 19</u> Thursday 10 a.m. | Centre Lac-Brome | \$20 | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Zumba AGES 50+ | <u>JANUARY 21 TO MARCH 18</u> Wednesday 10 a.m. | Centre Lac-Brome | \$20 | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Club de bridge Duplicata de Lac-Brome | Friday from 1 p.m. to 4 p.m. Arrive at 12:45 p.m. | Centre Lac-Brome | \$5 | Registration: Colette Martial colettemartial@videotron.ca 450 955-1410 |
| Art Between Us | <u>JANUARY 13 TO MARCH 17</u> Tuesday 1 p.m. to 4 p.m. | Centre Lac-Brome | Free | Offered by Isabelle Daval Registration: info@hors-cadre.ca 450 242-1908 |
| Bean to Cup Experience | Monday to Friday 10 a.m. | Brûlerie Virgin Hill | Free | Offered by Brûlerie Virgin Hill Registration: virginhillcoffee.com |
| Merc(H)redi | Wednesdays | Brûlerie Virgin Hill | Free | Offered by Brûlerie Virgin Hill Registration not required: virginhillcoffee.com |



Other activities

WINTER 2026

| Activity | Schedule | Location | Cost | Information |
|---|--|-------------------------|--|--|
| Free Tasting | First Saturday of each month 9 a.m. | Brûlerie Virgin Hill | Free | Offered by Brûlerie Virgin Hill Registration: virginhillcoffee.com |
| Gymnastics AGES 5-11 | <u>MARCH 16 TO MAY 18</u> Monday 6 p.m. to 7 p.m. | St-Édouard School | \$250 for 10 classes | Offered by Isabelle Giasson Registration: Isabelle Giasson academieisabellegiasson@hotmail.com 450 919-1095 |
| Line dancing FOR SENIORS | <u>JANUARY 19 TO MARCH 16</u> 10 a.m. | Centre Lac-Brome | Free | Offered by ACLB Registration: Marta Gubert Gomes aines-seniors@aclb.ca 450 204-9423 |
| Karate | <u>JANUARY 28 TO APRIL 1</u> Wednesday 6 p.n. to 7 p.m. | Centre Lac-Brome | \$179 for 10 classes (kimono included) | Offered by Nakama Dojo Registration: nakamadojo.com |
| Indoor Pickleball | <u>JANUARY 5 TO APRIL 25</u> Monday 7:30 p.m. to 9:30 p.m. Wednesday 6 p.m. to 10 p.m. Saturday 9 a.m. à 5 p.m. | St-Édouard School | See CBH newsletter | Offered by Club de la Bonne Humeur Registration: CBH newsletter |
| Cardio Pump | <u>FEBRUARY 3 TO APRIL 2</u> Tuesday and Thursday 6 p.m. to 7 p.m. | Centre Lac-Brome | Price to be confirmed at registration | Offered by Nathalie Gauvreau Registration: 450 525-3014 |
| Anchor Point Training | Monday and Wednesday 8:15 a.m. to 9:15 a.m. Tuesday and Thursday 11:45 a.m. to 12:45 p.m. | Centre Lac-Brome | First class free Then \$100 / 10 classes | Offered by Chris Severs Registration: 424 772-8672 chris@anchorpointtraining.com |
| Petits pas Zone | <u>STARTING JANUARY 17</u> Saturday and Sunday 8:30 a.m. to 12 p.m. Closed on January 24 and March 29 | Centre Lac-Brome | Free | Offered by the Town of Brome Lake Registration not required: Unsupervised motor skills zone for ages 0-5 lacbrome.ca |





ESPACE DES PETITS PAS ZONE

MOTRICITÉ 0-5 ANS | MOTOR SKILLS (AGES 0-5)

SAMEDIS ET DIMANCHES - 8 H 30 À 12 H
SATURDAYS & SUNDAYS - 8:30 A.M. TO NOON
CENTRE LAC-BROME

ACTION COMMUNAUTAIRE LAC-BROME

HALTE-GARDERIE

Jeudis 8h-12h
Thursdays 8am-12pm

Halte-garderie pour enfants de 18 mois à 5 ans. Les parents peuvent déposer leurs enfants et profiter d'un moment pour eux-mêmes

Drop-in daycare for children aged 18 months to 5 years. Parents can leave their little ones while they take some time for themselves



www.aclb.ca

famille-family@aclb.ca

ACTION COMMUNAUTAIRE LAC-BROME

ATELIERS PARENT-ENFANT PARENT-CHILD WORKSHOPS

Lundis et Mercredis 9h30-12h
Mondays & Wednesdays 9:30am-12pm

Répit gratuit pour les parents et activités familiales au Centre communautaire de Lac-Brome

Free respite for parents and family activities at the Lac-Brome Community Centre



www.aclb.ca

famille-family@aclb.ca



ACTIVITÉS CBH - HIVER 2026

Pour plus d'info: www.clubdelabonnehumeur.ca info@clubdelabonnehumeur.ca



| Lundi | Mardi | Mercredi | Jeudi | Vendredi | Samedi |
|---|--|--|--|--|---|
| ESSETRICS avec Sophie Deshaies pour info : Martine Martel 450-242-2827 | ATELIER DE CUISINE 8 h 45 / 1e mardi du mois Invitation via l'infolettre | ESSETRICS avec Sophie Deshaies 8 h 30 à 9 h 30 | YOGA sur CHAISE avec Cindy Cleary 9 h à 10 h pour info: 450-243-5620 | CERCLE D'ÉCRITURE le 4e vendredi du mois Gratuit info : Jacinthe Grondin 450-243-5620 Invitation via l'infolettre | PICKLEBALL École St-Édouard 9 h à 11 h 11 h à 13 h 13 h à 15 h 15 h à 17 h Info : Dominique Martin 524-919-2349 |
| LA CHORALE DU CBH avec Cécile Allemand de retour en mars. pour info : Louise Morier 450-243-5620 | DICTÉE du CBH 9 h 30 / 3e mardi du mois Invitation via l'infolettre | PETITES QUILLES 9 h 30 12 \$ /partie | LES AMIS DES SENTIERS info : Richard Dubois 450-242-1003 | YOGA avec Cindy Cleary pour info: 450-243-5620 | |
| BRIDGE DUPLICATE 13 h 00 à 16 h 30 24 \$ / année Resp : Jean Plaisance 450-243-0010 | LES CAUSERIES du CBH 9 h 30 / 4e mardi du mois Invitation via l'infolettre | ENGLISH SCRABBLE DUPLICATE 10 h - Free Info : Doreen Drolet 819-918-4768 | PICKLEBALL - Vélodrome 11 h à 13 h Info - Dominique Martin 514-919-7349 | COURS DE BRIDGE INTERMÉDIAIRE NO. 2 avec Robert Choquette 9 h à 11 h 00 Débute en avril | |
| BILLARD 19 h à 21 h Gratuit | DANSE EN LIGNE avec Murielle Verreault Débutant 2-intermédiaire 13 h - 14 h 30 pour info ; 450-243-5620 | BRIDGE DUPLICATE 13 h 00 à 16 h 30 | NOUVEAUTÉ Le Savez-vous? Invitation via l'infolettre | LES VENDREDIS, PLACE AUX JEUX ! 13 h 30 Gratuit Responsable Yvan Deslandes & Marie Trillat 450-658-6773 | |
| PICKLEBALL École St-Édouard Info : Dominique Martin 514-919-7349 | SCRABBLE DUPLICATE FRANÇAIS 15 h - Gratuit info : Doreen Drolet 819-918-4768 | BILLARD 19 h à 21 h - Gratuit | BILLARD 19 h à 21 h - Gratuit | Code des couleurs | |
| | | PICKLEBALL École St-Édouard 18 h à 20 h 20 h à 22 h | ÉCOUTEZ COMME C'EST BEAU 3e jeudi du mois - 19 h 30 Invitation via l'infolettre | MATIN | |
| | | | | APRÈS-MIDI | |
| | | | | SOIR | |




ACTION COMMUNAUTAIRE LAC-BROME

Senior's activities

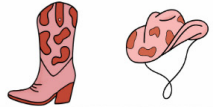

Centre Lac-Brome

INFORMATION AND REGISTRATION



Marta Gubert Gomes
Senior Activities Coordinator
aines-seniors@aclb.ca





MONDAYS - LINE DANCING
January 19 to March 16, 10 am to 11 am
Price: \$20 for the session
Facilitator: Debbie Bailey



MONDAYS - STRENGTH AND STABILITY
January 19 to March 16, 2 am to 4 am
Price: \$20 for session (limited places)
Facilitator: Jennifer Comtois Dufresne


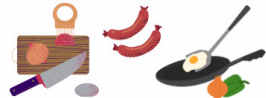
TUESDAYS- KNITTING AND CROCHET CIRCLE
January 20 to June 9, 6 pm to 8 pm
Price: Free



WEDNESDAYS - ZUMBA
January 21 to March 18, 10 am to 11 am
Price: \$20 for the session
Facilitator: Debbie Bailey


THURSDAYS - CHAIR YOGA
January 23 to March 20, 10:30 am to 11:30 am
Price: \$20 for the session (limited places)
Facilitator : Cindy Cleary

COLLECTIVE KITCHEN
February 5 and 6 from 9am to noon
April 3 and 4 from 9 am to noon
Price: \$5 (limited places)

SENIOR OUTREACH WORKER MEET AND GREET
January 23, February 20, 9 am to 10 am
Centre Lac-Brome - splash pad entrance



*As a senior community outreach worker, I am here to support seniors in our community and act as a bridge between you and various resources and services available.
If you are over 50 years old and are going through a difficult situation, need someone to talk to, or would like to discover the services available in the area, contact me.
I am here to listen, inform, and support you in your efforts.*



Marché de Noël de Lac-Brome

Brome Lake Christmas Market

13 décembre. 17h à minuit
December 13th. 5p.m. to midnight

Artisans. Festivités.
Artisans. Festivities.



LISTE DES MARCHANDS PARTICIPANTS / LIST OF PARTICIPATING MERCHANTS

BOUTIQUES PARTICIPANTES / PARTICIPATING STORES

- | | | | |
|-------------------------------|---|--------------------------------------|----------------------------|
| 1 Art Lab 341 - Rachel Grenon | 9 Lotus Nutrition | 18 Les filles du coin | 25 Café Three Pines |
| 2 Boutique Windrush | 10 La Pantry de Knowlton | 19 Espace Vy | 26 Boutique Palma |
| 3 La Touche Finale | 11 Ensemble bar à vin | 20 Bibliothèque Commémorative Pettes | 27 Knowlton General |
| 4 Belles Choses | 12 Théâtre de Lac-Brome | 21 Barnes Home Hardware | 28 Caron & Frères Knowlton |
| 5 Boutique Rococo | 13 Raffields Centrale | 22 Arts et Antiquités À la Carte | 29 The WELL |
| 6 Bistro BUZZ traiteur | 14 L'Épicerie d'Émilie | 23 Ib Skin Savvi | 30 Camlen |
| 7 Boutique Iris Sattakwe | 15 Galerie Elca London | 24 Brome Lake Books | 31 Musée Lac-Brome |
| 8 Le Panier Champêtre | 16 Natalia Baquero Millinery17 Boutiverre | | 32 Leporello |

ESPACE DÉGUSTATIONS / TASTING AREA

La Knowlton Co.
Vignoble Courville

Vitalité Sureau
Ô de Sève

CUISINE DE RUE / FOOD TRUCKS

Benzo's Food Truck
Derby's Food Truck
Brûlerie Virgin Hill Coffee

Canards du Lac-Brome
Richard BBQ Traiteur

ESPACES MARCHÉ DE NOËL / CHRISTMAS MARKET AREAS

- | | | | |
|------------------------------|-------------------------------------|-------------------|----------------|
| Loubijou | Out of the Craft Closet | May The Zoo | Recycl-Art |
| Madeleine Fabric Art | Obscenely Knotty | JUstenbois | Flamora |
| Le Loom | GigiArt | La Casa D'alpagas | Drasca |
| I Am Lovelee | Dunham Soaps & Stuff | Natasha Gince | Vintsini |
| Skincare by Mona Acupuncture | Beyond Organics Santé | Céramique | Fleur de Lune |
| Treetop Nerds | Miel Johnny B | Holistika Cacao | Leah's kitchen |
| La Petite Cuillère | Caroline Lantôt - Benoit Joaillière | La 5e Saison | Squad Cycles |
| Créations Murielle | K&M Soins de la Peau | | Manon Mériteau |
| Esprit Bohème | Pâtisserie Wallfleur Cakery | | |
| Sir Drummond | | | |
| Créations Joejoe | | | |

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[FACEBOOK.COM/FOLIEMINUIT](https://www.facebook.com/folienminuit)
[TOURISMELACBROME.COM](http://www.tourismelacbrome.com)

Présenté par/
Presented by **LAC-BROME**

Partenaire/
Partner



CHRISTMAS SHOW

SPECTACLE DE NOËL

APRÈS LE SPECTACLE

Distribution de collations et de surprises en collaboration avec le **CLUB DES OPTIMISTES**

AFTER THE SHOW

Snacks and gifts will be distributed in collaboration with **OPTIMIST CLUB**



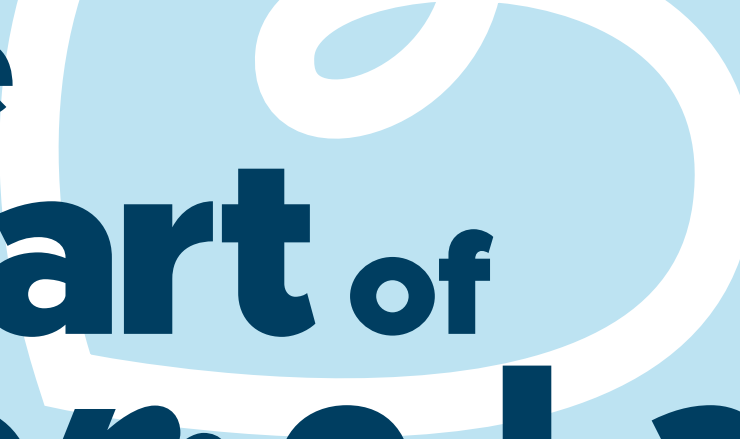
7 DEC. • 10 A.M
CENTRE LAC-BROME
OUVERTURE DES PORTES À 9H45
DOORS OPEN AT 9:45 A.M.



VILLE DE LAC-BROME
TOWN OF BROME LAKE



*the***Bulletin**



**In the
heart of
Brome Lake**

lacbrome.ca